

Classroom and Group | | | | COUNSELOR ASSOCIATION | Mindsets & Behaviors Action Plan

The ASCA Mindsets & Behaviors guide the planning and delivery of all student activities and interventions. The purpose of the classroom and group Mindsets & Behaviors action plan is to provide an overview of the delivery of direct services in large group (LG), classroom (Class) and small group (SG) settings. This plan presents the topics addressed, and the annual calendar presents schedule of all classroom and groups activities.

Use the classroom and group Mindsets & Behaviors action plan to identify all ASCA Mindsets & Behaviors addressed through classroom and group activities. While some activities address multiple ASCA Mindsets & Behaviors, list the activity with the primary mindset or behavior addressed by the activity. It is not necessary to repeat activities with all ASCA Mindsets & Behaviors addressed through that activity.

School Name: Woodward Career Technical High School

KEY: Blue Highlight = Classroom/Large Group; Green Highlight = Small Group

Class/Large Group (Scholarship Night, SSS 2.0 Lessons, CCSS Lessons, Graduation Requirements Lesson, Alternative Pathways

Small Group (Wellness Group, GIRLS Group, Zones of Regulation)

| Mindsets | Activity | Participants | Class/LG | SG |
|---|-----------------------------------|--|----------|----|
| M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being | GIRLS Group | 11th Grade Girls Group Members | | х |
| | Zones of Regulation | 5 1st Grade Students | | х |
| | Wellness Group | 10 TH & 11 TH Grade Small Group Members | | x |
| M 2. Self-confidence in ability to succeed | Wellness Group | 10 TH & 11 TH Grade Small Group Members | | Х |
| | College and Career Success Skills | 11 th Grade Students | x | |
| | Graduation Requirements | 10 th and 11 th Grade Students | x | |
| | Alternative Pathways | 10 th and 11 th Grade Students | X | |
| M 3. Sense of belonging in the school environment | GIRLS Group | 11th Grade Girls Group Members | | х |
| | Zones of Regulation | 5 1st Grade Students | | х |
| | Wellness Group | | | x |

| | | 10 TH & 11 TH Grade Small Group Members | | |
|--|-----------------------------------|--|----------|----|
| M 4. Understanding that postsecondary education and lifelong learning are necessary for long-term career success | Scholarship Night | Seniors who have declared "Enrollment" as their 3E | х | |
| | Student Success Skills 2.0 | 11 th Grade Students | X | |
| | College and Career Success Skills | 11 [™] Grade Students | x | |
| | Graduation Requirements | 10 th and 11 th Grade Students | x | |
| | Alternative Pathways | 10 th and 11 th Grade Students | x | |
| M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes | Scholarship Night | Seniors who have declared "Enrollment" as their 3E | х | |
| | Zones of Regulation | 5 1st Grade Students | | Х |
| | Student Success Skills 2.0 | 11 th Grade Students | X | |
| | College and Career Success Skills | 11 th Grade Students | X | |
| | Graduation Requirements | 10 th and 11 th Grade Students | x | |
| | Alternative Pathways | 10 th and 11 th Grade Students | x | |
| M 6. Positive attitude toward work and learning | Zones of Regulation | 5 1 st Grade Students | | X |
| | Student Success Skills 2.0 | 11 th Grade Students | x | |
| | College and Career Success Skills | 11 th Grade Students | x | |
| Behavior Learning Strategies | Activity | Participants | Class/LG | SG |

| | 1 | | | |
|---|-----------------------------------|--|----------|----|
| B-LS 1. Demonstrate critical-thinking skills to make informed decisions | | | | |
| B-LS 2. Demonstrate creativity | GIRLS Group | 11th Grade Girls Group Members | | Х |
| B-LS 3. Use time-management, organizational and study skills | Student Success Skills 2.0 | 11 th Grade Students | х | |
| | College and Career Success Skills | 11 th Grade Students | х | |
| B-LS 4. Apply self-motivation and self-direction to learning | Scholarship Night | Seniors who have declared "Enrollment" as their 3E | Х | |
| B-LS 5. Apply media and technology skills | | | | |
| B-LS 6. Set high standards of quality | Scholarship Night | Seniors who have declared "Enrollment" as their 3E | X | |
| B-LS 7. Identify long- and short-term academic, career and social/emotional goals | Scholarship Night | Seniors who have declared "Enrollment" as their 3E | X | |
| | Wellness Group | 10 TH & 11 TH Grade Small Group Members | | х |
| | Student Success Skills 2.0 | 11 th Grade Students | x | |
| | College and Career Success Skills | 11 th Grade Students | х | |
| B-LS 8. Actively engage in challenging coursework | Graduation Requirements | 10 th and 11 th Grade Students | Х | |
| | Alternative Pathways | 10 th and 11 th Grade Students | х | |
| B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions | | | | |
| B-LS 10. Participate in enrichment and extracurricular activities | Wellness Group | 10 TH & 11 TH Grade Small Group Members | | Х |
| Behavior Self-Management Skills | Activity | Participants | Class/LG | SG |
| B-SMS 1. Demonstrate ability to assume responsibility | Zones of Regulation | 5 1st Grade Students | | х |

| | Student Success Skills 2.0 | 11 th Grade Students | x | |
|---|-----------------------------------|--|---|---|
| | College and Career Success Skills | 11 th Grade Students | х | |
| B-SMS 2. Demonstrate self-discipline and self-control | Zones of Regulation | 5 1 st Grade Students | | Х |
| | Student Success Skills 2.0 | 11 th Grade Students | Х | |
| | College and Career Success Skills | 11 th Grade Students | х | |
| B-SMS 3. Demonstrate ability to work independently | | | | |
| B-SMS 4. Demonstrate ability to delay immediate gratification for long-term rewards | Wellness Group | 10 TH & 11 TH Grade Small Group Members | | Х |
| B-SMS 5. Demonstrate perseverance to achieve long- and short-term goals | Scholarship Night | Seniors who have declared "Enrollment" as their 3E | Х | |
| B-SMS 6. Demonstrate ability to overcome barriers to learning | Zones of Regulation | 5 1st Grade Students | | x |
| | Student Success Skills 2.0 | 11 th Grade Students | x | |
| | College and Career Success Skills | 11 th Grade Students | x | |
| B-SMS 7. Demonstrate effective coping skills when faced with a problem | GIRLS Group | 11th Grade Girls Group Members | | Х |
| | Zones of Regulation | 5 1st Grade Students | | х |
| | Wellness Group | 10 TH & 11 TH Grade Small Group Members | | х |
| | Student Success Skills 2.0 | 11 th Grade Students | х | |
| | College and Career Success Skills | 11 th Grade Students | x | |
| B-SMS 8. Demonstrate the ability to balance school, home and community activities | Wellness Group | 10 TH & 11 TH Grade Small Group Members | | Х |

| B-SMS 9. Demonstrate personal safety skills | Zones of Regulation | 5 1st Grade Students | | Х |
|--|-----------------------------------|--|----------|----|
| B-SMS 10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities | Scholarship Night | Seniors who have declared "Enrollment" as their 3E | Х | |
| | Wellness Group | 10 TH & 11 TH Grade Small Group Members | | x |
| | College and Career Success Skills | 11 th Grade Students | X | |
| | Graduation Requirements | 10 th and 11 th Grade Students | x | |
| | Alternative Pathways | 10 th and 11 th Grade Students | х | |
| Behavior Social Skills | Activity | Participants | Class/LG | SG |
| B-SS 1. Use effective oral and written communication skills and listening skills | Scholarship Night | Seniors who have declared "Enrollment" as their 3E | х | |
| | Zones of Regulation | 5 1 st Grade Students | | x |
| | Wellness Group | 10 TH & 11 TH Grade Small Group Members | | x |
| | Student Success Skills 2.0 | 11 th Grade Students | х | |
| | College and Career Success Skills | 11 th Grade Students | х | |
| B-SS 2. Create positive and supportive relationships with other students | GIRLS Group | 11th Grade Girls Group Members | | х |
| | Zones of Regulation | 5 1 st Grade Students | | x |
| | Wellness Group | 10 TH & 11 TH Grade Small Group Members | | х |
| B-SS 3. Create relationships with adults that support success | | | | |

| B-SS 4. Demonstrate empathy | Wellness Group | 10 TH & 11 TH Grade Small Group Members | |
|--|---------------------|--|---|
| B-SS 5. Demonstrate ethical decision-making and social responsibility | Zones of Regulation | 5 1st Grade Students | х |
| | Wellness Group | 10 TH & 11 TH Grade Small Group Members | x |
| B-SS 6. Use effective collaboration and cooperation skills | | | |
| B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams | | | |
| B-SS 8. Demonstrate advocacy skills and ability to assert self, when necessary | Wellness Group | 10 TH & 11 TH Grade Small Group Members | х |
| B-SS 9. Demonstrate social maturity and behaviors appropriate to the situation and environment | Zones of Regulation | 5 1st Grade Students | Х |